



# STATE OF IOWA

CHESTER J. CULVER, GOVERNOR  
PATTY JUDGE, LT. GOVERNOR

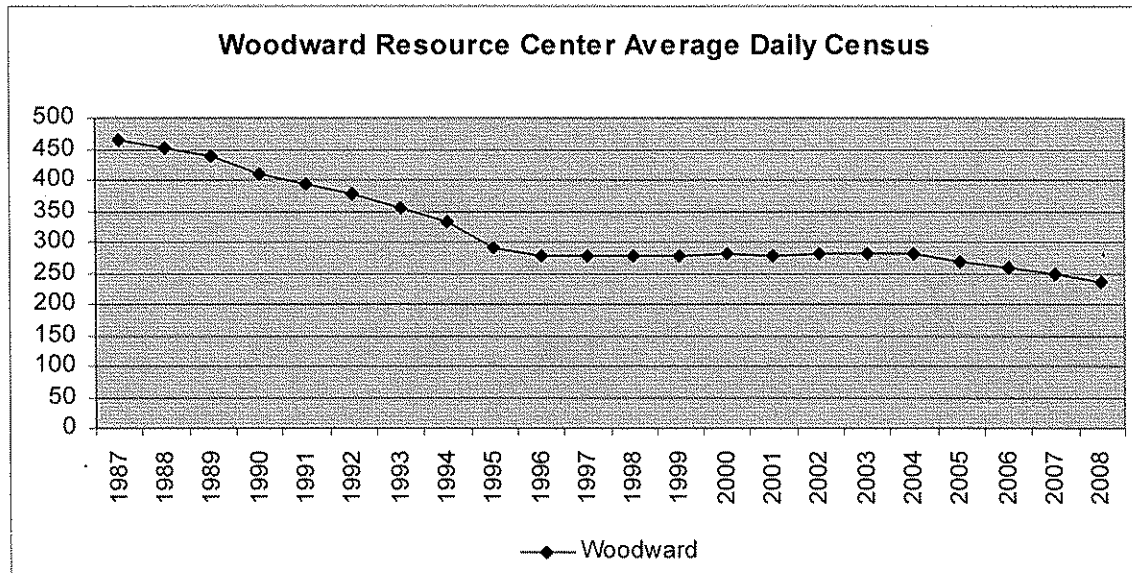
DEPARTMENT OF HUMAN SERVICES  
EUGENE I. GESSOW, DIRECTOR

To: Legislators  
Fr: Department of Human Services  
Re: Woodward Information  
Date: February 5, 2009

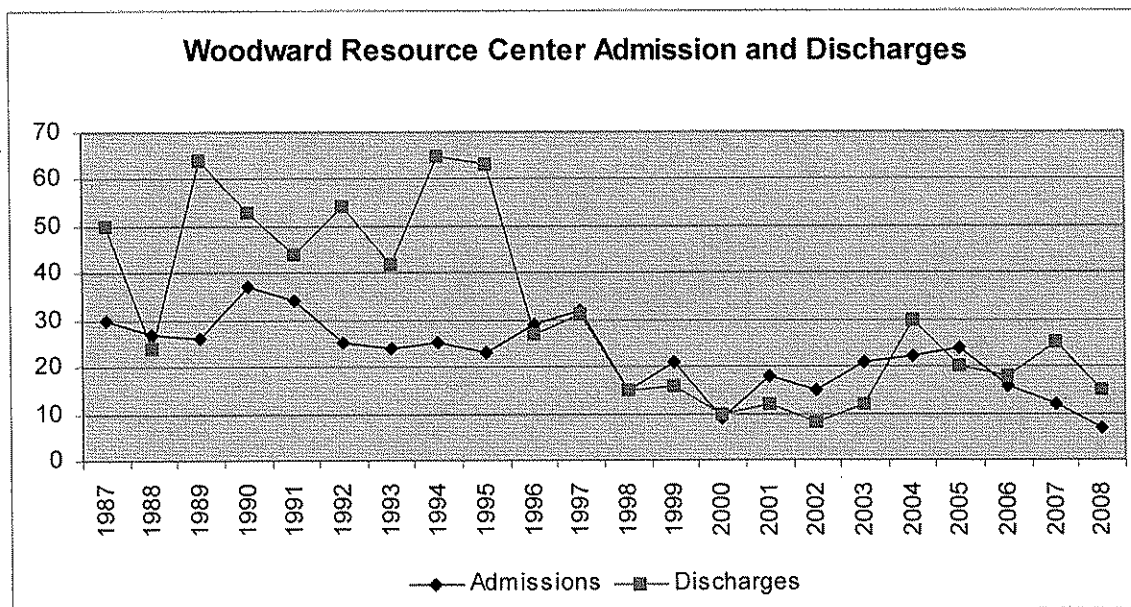
## Woodward Resource Center

### I. History

- March 1914: After visiting 40 proposed sites, the Iowa Board of Control selected a tract of 1144.4 acres a half mile north of Woodward for construction of the new Iowa Epileptic Colony. Colonies were built not only to care for epileptics, but also to isolate them from the general populace. Woodward was chosen as an ideal site due to its proximity to the center of the state and because of its accessibility to the inter-urban train line running from Des Moines to Perry. Other reasons for selecting Woodward included the availability of excellent farmland, a pure water supply, and the proximity of "four of the best coal mines in the state".
- 1917-1918: More than 300 persons with epilepsy were admitted.
- 1921 the admittance of persons with developmental disabilities was begun to relieve the overcrowding at the Glenwood State School. Name changed to "The Woodward Hospital for Epileptics and Feeble Minded".
- 1949 reflecting its evolution to a treatment center for persons with developmental disabilities, the facility became "Woodward State Hospital School".
- 1975-1979 Medicaid funding was used to build twenty-four 15-bed cottages to serve persons who had been previously served in other buildings.
- 1997: Woodward expanded outreach and family support services to persons in the community and opened Medicaid Home and Community based Waiver homes to serve 3 - 4 people each in the community.
- 2000: reflecting mission to serve both the community as well as to provide ICR/MR care Woodward's name was changed to "Woodward State Resource Center".



- In the early 1940s, the population of Woodward was approximately 1600 residents. Between 1935 and 1987 the population was reduced to 465 residents. Today the population has been reduced approximately in half again to a daily average of 235 residents in fiscal year 2008.
- WRC admits individuals in compliance with the Conner's Consent Decree requirements which means after all reasonable community based alternatives have been exhausted. Persons seeking admission must make an application that is reviewed through an established process utilizing a team of staff.
- WRC admits an individual only if it is determined that WRC can meet the individual's needs.



Campus:

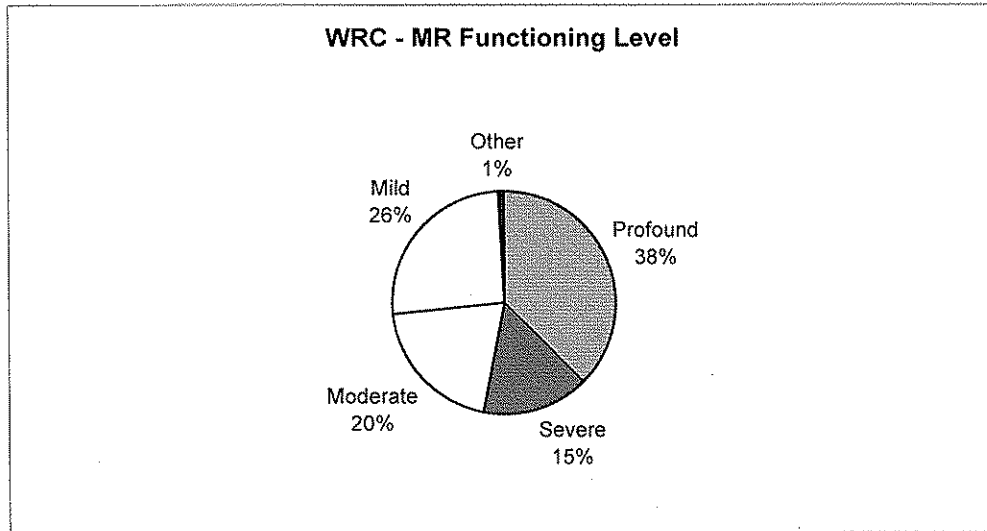
- The residents live in 24 homes.
- There are over 40 other buildings or structures on campus used for a range of administrative offices or vocational sites for WRC or leased to other departments or agencies.
- The campus is comprised of 1164 acres of land. The Department of Corrections farms approximately 665 acres.
- To maximize the use of the campus, there are other entities on the campus including the Woodward Youth Academy and the Grand View School.

See Attachment A.

## II. Who does Woodward Resource Center Serve?

Diagnostic:

- Almost 40 percent of the residents of WRC are diagnosed with profound mental retardation and another 35 percent have moderate or severe mental retardation.



- 85 % of residents also have a co-occurring mental illness diagnosis
- 34% of residents have a seizure disorder
- 51% of residents have a dysphagia diagnosis
- 17% of residents have a risk for aspiration pneumonia and 8% are at high risk.

Years in residence:

- On average, the time at Woodward for current residents is 20.7 years.

Years In Residence	WRC Residents
0-5	52
6-14	59
15-17	18
18-20	8
21-40	41
41-64	37
65+	5
Average	20.7

### Age Distribution:

- In FY 2008, 34% of the persons served were over the age of 50 and 12% were over the age of 60.

### WRC residents served in FY 2008

Age Group	WRC Residents	Percent
6-12	0	0%
13-18	5	2%
18-21	19	8%
22-30	49	20%
31-40	41	17%
41-50	51	21%
51-60	53	22%
61-65	16	7%
66-70	5	2%
71-75	5	2%
76-80	2	1%
81-85		0%
85+		0%

### **III. Who provides the services at Woodward Resource Center?**

WRC has a total of 757 funded positions that provide services 24/7 (three 8 hour shifts per day).

There are 438 direct care staff (Resident Treatment Workers/Resident Treatment Technicians/Resident Treatment Supervisors). The direct care staff are 58% of the total staff and provide critical day-to-day services to residents

There are 136 clinical and professional staff; all staff whose position requires licensure do have a license. See attachment B.

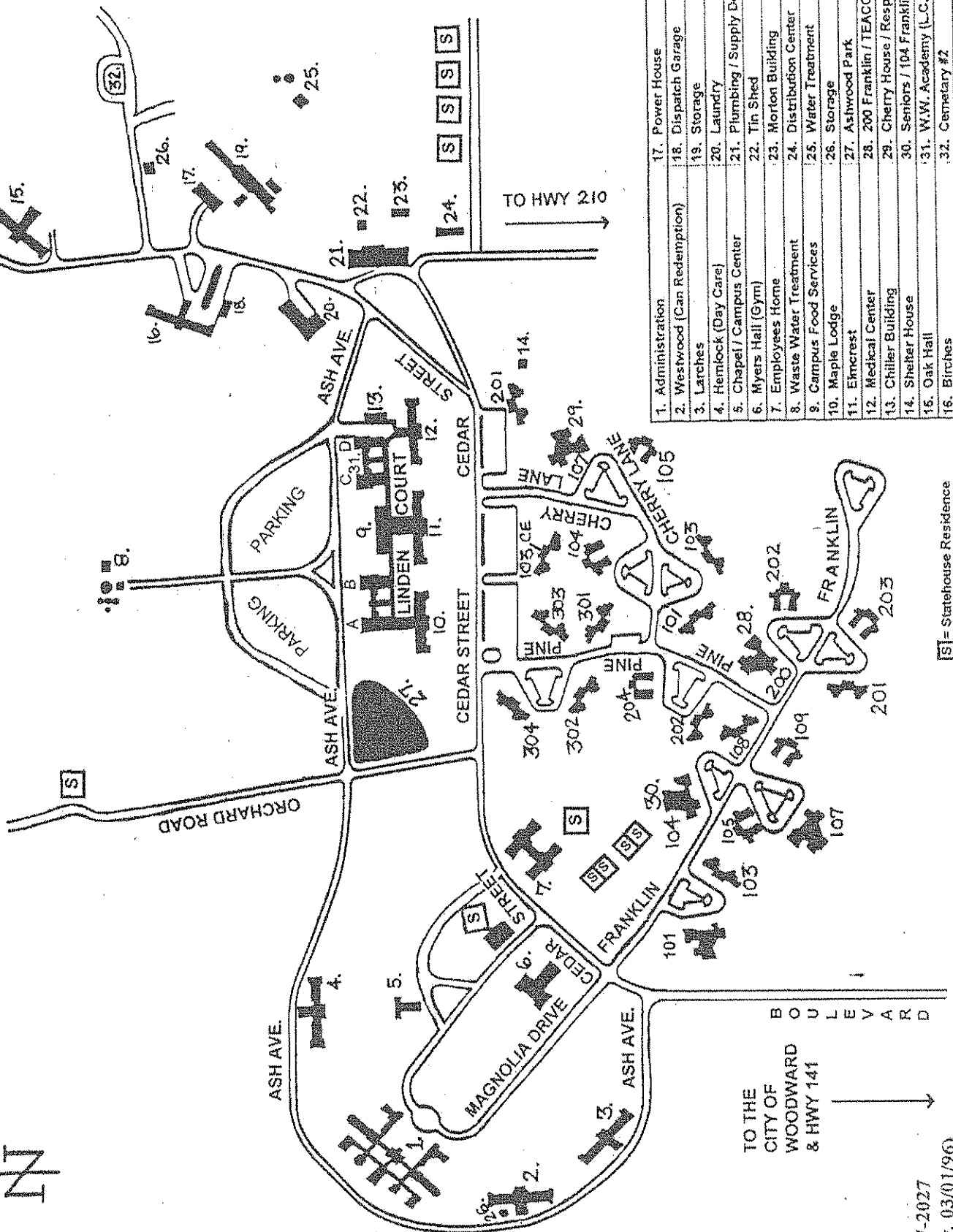
There are 183 that provide the administrative and support work.

### **IV. Key areas of improvements and focus**

WRC has implemented significant changes including:

- Made improvements in transition planning barriers and strategies, including supports needed to be successful and skill training strategies.

- Utilized Money Follows the Person Grant for successful transitioning into communities.
- Increased the number of people living at WRC who are working at off-campus vocational sites.
- Increased the number of off-campus vocational sites and on-campus vocational opportunities.
- Modified Physical Nutritional Management (PNM) risk levels to include people with active issues that may require more monitoring.
- Updated the Physical Nutritional Management point of service plans to include assessments, action plans, and the development of clinical justification plans.
- Increased monitoring frequency by our clinical staff for Physical Nutritional Management critical and high-risk individuals.
- Competency based trained regular staff in homes with the highest risk individuals on Physical Nutritional Management plans.
- Enhanced the Physical Nutritional Management response process to provide quicker identification of triggers and quicker response from the Physical Nutritional Management Team. That enhanced process has been trained to all clinical staff.
- Initiated internal and external peer review.
- Revised WRC employee training to be more direct service oriented. New employees spend more time at their projected work sites in training prior to entering the workforce.
- Accomplished generalization of supports and skill acquisition learning toward successful community living.
- Increased our group therapy and counseling sessions for the people who reside at WRC.
- Increased custom seating services: over 1500 pieces of adaptive equipment used and monitored.



1. Administration	17. Power House
2. Westwood (Can Redemption)	18. Dispatch Garage
3. Larches	19. Storage
4. Hemlock (Day Care)	20. Laundry
5. Chapel / Campus Center	21. Plumbing / Supply Depot
6. Myers Hall (Gym)	22. Tin Shed
7. Employees Home	23. Morton Building
8. Waste Water Treatment	24. Distribution Center
9. Campus Food Services	25. Water Treatment
10. Maple Lodge	26. Storage
11. Elkcrest	27. Ashwood Park
12. Medical Center	28. 200 Franklin / TEACCH
13. Chiller Building	29. Cherry House / Respite
14. Shelter House	30. Seniors / 104 Franklin
15. Oak Hall	31. W.W. Academy (L.C. C&D)
16. Birches	32. Cemetery #2

**S** = Statehouse Residence

**Attachment B**  
**Professional Staff at WRC as of 1/30/09**

<b>Classification</b>	<b># Positions Filled</b>	<b>% With Current License</b>	<b>Qualifications</b>
Administrator of Nursing	1	100	BSN / 4 yrs supv/mgmt experience
LPN	6	100	IA LPN License
RN	23	100	IA RN License
Nurse Clinician	2	100	BSN / 1 yr clinical experience in specialty area
Nurse Supv 2	1	100	BSN / 2 yr clinical experience in which one is in a specialty area
Clinical Dietitian	3	100	License to practice as a Dietitian in the State of Iowa, as issued by the Iowa Board of Dietetic Examiners
Dental Assistant	1	100	Certificate of registration as a Dental Assistant from the Iowa Board of Dental Examiners
Medical Lab Technician	1 temp	100	18 mo experience in performance of laboratory tests and examinations
Occupational Therapist 1	5	100	IA License as Occupational Therapist issued by the Iowa Board of Physical and Occupational Therapy Examiners.
Pharmacy Supervisor	1	100	IA License as registered Pharmacist and 2 yrs experience
Pharmacist	1 FT 2 Temp	100	IA License as registered Pharmacist
Pharmacy Technician	2	100	Certification as a pharmacy technician by the National Pharmacy Technician Certification Board and 1 yr experience assisting a pharmacist with technical pharmaceutical tasks
Physician Supervisor	1	100	IA Medical License
Physician	3	100	IA Medical License
Physical Therapist 1	2	100	IA Physical Therapist License
Physical Therapist 2	1 Temp	100	IA Physical Therapist License and 18 mo experience



**Professional Staff at WRC as of 1/30/09 (continued)**

Physical Therapy Aide	1	100	The equivalent of one year of full-time experience as a nursing assistant or therapy aide (e.g., Activities Aide, Occupational Therapy Assistant, Education Aide in a health care facility).
Speech Language Pathologist 1	5	100	IA Speech Pathologist License
Psychology Administrator	1	Unclear*	Doctorate degree, IA license and 4 years experience (endorsements may include licensure eligible)*
Audiologist	1	100	IA Audiologist License or possession of a Temporary Clinical License or letter of temporary approval as issued by the Iowa Board of Speech Pathology and Audiology Examiners
<b>TOTAL</b>	<b>64</b>	<b>98%*</b>	

In addition to the staff listed above there are 18 Treatment Program Managers or Qualified Mental Retardation Professionals (QMRP) who are responsible for planning and coordinating all of a client's care. The qualifications for this classification are a Bachelor or Masters degree in a human service field and one year experience with persons with MRDD; or a Physician or Registered Nurse with one year experience with persons with MRDD; and licensure if required by law/profession.

\*The Department of Personnel moved this individual from a Psychologist 4 position into the Psychology Administrator classification in August 2000. This individual did have at the time of hire, and continues to maintain, a Minnesota psychologist license.